

Veterans Day Races!

Race date: November 9, 2019.

Race location: Kaxdigoowu Heen Dei (Mendenhall River Trail) starting and finishing in the Brotherhood Bridge parking lot. Access via Wildmeadow Lane off of Glacier Highway.

Race contact: Kirk Thorsteinson at 907-321-3026 or kirkthorsteinson@hotmail.com.

Race description: Participants can choose either an 8K (4.97 miles) or 1-mile route. Please dress for the weather and safety. This is a fundraiser for Veterans of Foreign Wars Taku Post 5559.

Registration Opens: 0830 AM.

Start Time: 0900 AM for 8K (4.97 miles) and 1-mile races.

Cost: *Pre-registration: N/A* *Day of race: \$10.00: 19 years and older / \$1.00: 18 years and under*
Make checks payable to: Juneau Trail and Road Runners check # _____

JTRR MEMBER: YES NO (If yes, you need only include your first & last name and sign form)

LAST NAME: _____ **FIRST NAME:** _____

AGE ON 7/1/2019 _____ **SEX:** M _____ F _____ **PHONE:**(_____) _____

E-MAIL ADDRESS: _____

MAILING ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

Emergency Contact: _____ **Phone Number:**(_____) _____

WAIVER AND RELEASE: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official in order to safely complete the run. I assume all risks associated with running and volunteering to work in club races. I am aware of the risks, which include falls, contact with other participants, the weather, road or trail conditions, and traffic. I have read this waiver and know the facts about running and road and trail races. In consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive any right I may have to pursue an action against JTRR, the Road Runners Club of America, City and Borough of Juneau, and all sponsors, and the representatives and successors of these entities, for liabilities of any kind arising out of my participation in club activities, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of entrant: _____ **Date:** _____

Signature of parent or guardian if under 18: _____

Bib Number: (for race officials only) _____ **8K** _____ **OR** **1-mile** _____

!!! Join Juneau Trail and Road Runners at <http://juneauserr.wixsite.com/serr> !!!