

East Glacier Trail Tangle



Juneau Trail and Road Runners is an affiliate member of the Road Runners Club of America.

Location: Trailhead at east end of Valley Blvd Race Contact: Robert Sowers 789-7549 robertsowers2004@hotmail.com join JTRR https://southeastroadrunners.org/ results online: https://jtrr.org/event/2007/race/325 Course Description: 6.7 mile Distance	Race Date:	Wednesday July 18 2007		
Race Contact: Robert Sowers 789-7549 robertsowers2004@hotmail.com join JTRR https://southeastroadrunners.org/ results online: https://jtrr.org/event/2007/race/325 Course Description: 6.7 mile Distance	Start Time:	06:00PM (Registration 05:15PM)		
robertsowers2004@hotmail.com join JTRR https://southeastroadrunners.org/ results online: https://jtrr.org/event/2007/race/325 Course Description: 6.7 mile Distance	Location:	Trailhead at east end of Valley Blvd		
robertsowers 2004 @hotmail.com join JTRR https://southeastroadrunners.org/ results online: https://jtrr.org/event/2007/race/325 Course Description: 6.7 mile Distance	Race Contact:	Robert So	owers	-
Distance STATE Sponsor (Male Female Non-Binary) Sponsor (Male Female Non-Binary) State of the second of the se		789-7549		
Distance STATE Sponsor (Male Female Non-Binary) Sponsor (Male Female Non-Binary) State of the second of the se		robertsowers2004@hotmail.com		
ENTRY FORM Sangle (6 miles)	join JTRR https://southeastroadrunner		_	
Distance Tangle (6 miles) Volunteer - \$0 SPONSORED BY Juneau Trail and Road Runners Last Name GENDER CIRCLE ONE (Male Female Non-Binary) email JTRR MEMBER: (YES NO) (if yes, skip phone, address) MAILING ADDRESS STREET OR BOX CITY PHONE ZIP WAVER- I know that running or volunteering to work in this race is a potentially hezardous activity which could case injury or death. I will not enter and participate uniess I am medically able to perform this evert, am in good health, and am properly trained. I agree to adiate by any decision of a race official relative to any aspect. WAVER- I know that running or volunteering in this care is a potentially hezardous activity which could case injury or death. I will not enter and participate uniess I am medically able to perform this evert, am in good health, and am properly trained. I agree to adiate by any decision of a race official relative to any aspect. STATE ZIP WAVER- I know that running or volunteering in this sevent, including but not limited to falls, physical contact with and/or the potential contraction of a communicable disease from other particip volunteers, race personnel, corrate a rovice providers, employees, and spectoras, rales in employees and spectors in last including; but not limited to falls, physical contact with and/or the potential contraction of a communicable disease from other particip volunteers, race personnel, corrate a rovice providers, employees, and spectors. I assume and I inside an appropriate proper providers and in valid and proportions of the road and/or trail including surrounding terrain. I understand that thooless, sleateboards, roller sleates or inline sleates, animals, and personal music players are not allowed in the and rowing these facts and inconsideration of year accepting my entry, 1, for myself and anyone emitted to act on my behalf, which and only the proposes, and personal music players are not allowed the transport of the proposes, and personal music players are not allowed the transport of the proposes, and per	Course Description:			
Tangle (6 miles) volunteer - \$0 SPONSORED BY Adults Day of Race - \$ Adults Day of Race - \$ Adults Day of Race - \$ Juneau Trail and Road Runners Last Name GENDER CIRCLE ONE (Male Female Non-Binary) email JTRR MEMBER: (YES NO) (if yes, skip phone, address) MAILING ADDRESS STREET OR BOX CITY PHONE STATE WAVEE: Ilrow that running or volunteering to work in this race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and programment of the programment of the race and gree to abide by any decision of a race official relative to any aspect participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever, I attest that I have read the rules of the race and agree to abide by them. I assist any of the race and agree to abide by them. I assist in the conditions of the road and/or trail including surrounding terrain. I understand that bid cycles, skeadeouts, relative that I have read the rules of the race and agree to abide by them. I assist including: the responsibility for injury up to death of the race and agree to abide by them. I and I will not enter and participation of the race and agree to abide by them. I assist in the conditions of the road and/or trail including surrounding terrain. I understand that bid cycles, skeadeouts, relative the potential contraction of a contraction of the race and agree to abide by them. I ask and it risks association of the race and agree to abide by them. I all the relative to any aspect on the read and the race and agree to abide by them. I all the relative to a relative to a relative to any aspect on the relative to the race and agree to abid	6.7 mile			
Tangle (6 miles) volunteer - \$0 SPONSORED BY Adults Day of Race - \$ Adults Day of Race - \$ Adults Day of Race - \$ Juneau Trail and Road Runners Last Name GENDER CIRCLE ONE (Male Female Non-Binary) email JTRR MEMBER: (YES NO) (if yes, skip phone, address) MAILING ADDRESS STREET OR BOX CITY PHONE STATE WAVEE: Ilrow that running or volunteering to work in this race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and programment of the programment of the race and gree to abide by any decision of a race official relative to any aspect participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever, I attest that I have read the rules of the race and agree to abide by them. I assist any of the race and agree to abide by them. I assist in the conditions of the road and/or trail including surrounding terrain. I understand that bid cycles, skeadeouts, relative that I have read the rules of the race and agree to abide by them. I assist including: the responsibility for injury up to death of the race and agree to abide by them. I and I will not enter and participation of the race and agree to abide by them. I assist in the conditions of the road and/or trail including surrounding terrain. I understand that bid cycles, skeadeouts, relative the potential contraction of a contraction of the race and agree to abide by them. I ask and it risks association of the race and agree to abide by them. I all the relative to any aspect on the read and the race and agree to abide by them. I all the relative to a relative to a relative to any aspect on the relative to the race and agree to abid				
Tangle (6 miles) volunteer - \$0 SPONSORED BY Adults Day of Race - \$ Adults Day of Race - \$ Adults Day of Race - \$ Juneau Trail and Road Runners Last Name GENDER CIRCLE ONE (Male Female Non-Binary) email JTRR MEMBER: (YES NO) (if yes, skip phone, address) MAILING ADDRESS STREET OR BOX CITY PHONE STATE WAVEE: Ilrow that running or volunteering to work in this race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and programment of the programment of the race and gree to abide by any decision of a race official relative to any aspect participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever, I attest that I have read the rules of the race and agree to abide by them. I assist any of the race and agree to abide by them. I assist in the conditions of the road and/or trail including surrounding terrain. I understand that bid cycles, skeadeouts, relative that I have read the rules of the race and agree to abide by them. I assist including: the responsibility for injury up to death of the race and agree to abide by them. I and I will not enter and participation of the race and agree to abide by them. I assist in the conditions of the road and/or trail including surrounding terrain. I understand that bid cycles, skeadeouts, relative the potential contraction of a contraction of the race and agree to abide by them. I ask and it risks association of the race and agree to abide by them. I all the relative to any aspect on the read and the race and agree to abide by them. I all the relative to a relative to a relative to any aspect on the relative to the race and agree to abid				
Tangle (6 miles) volunteer - \$0 SPONSORED BY Adults Day of Race - \$ Adults Day of Race - \$ Adults Day of Race - \$ Juneau Trail and Road Runners Last Name GENDER CIRCLE ONE (Male Female Non-Binary) email JTRR MEMBER: (YES NO) (if yes, skip phone, address) MAILING ADDRESS STREET OR BOX CITY PHONE STATE WAVEE: Ilrow that running or volunteering to work in this race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and programment of the programment of the race and gree to abide by any decision of a race official relative to any aspect participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever, I attest that I have read the rules of the race and agree to abide by them. I assist any of the race and agree to abide by them. I assist in the conditions of the road and/or trail including surrounding terrain. I understand that bid cycles, skeadeouts, relative that I have read the rules of the race and agree to abide by them. I assist including: the responsibility for injury up to death of the race and agree to abide by them. I and I will not enter and participation of the race and agree to abide by them. I assist in the conditions of the road and/or trail including surrounding terrain. I understand that bid cycles, skeadeouts, relative the potential contraction of a contraction of the race and agree to abide by them. I ask and it risks association of the race and agree to abide by them. I all the relative to any aspect on the read and the race and agree to abide by them. I all the relative to a relative to a relative to any aspect on the relative to the race and agree to abid	 _	NITOVE		
SPONSORED BY Adults Day of Race - S Juneau Trail and Road Runners Last Name		NIKYF	ORIVI	ENTRY FEES
Juneau Trail and Road Runners Last Name First Name GENDER CIRCLE ONE (Male Female Non-Binary) Age on 7/1/2007 email JTRR MEMBER: (YES NO) (if yes, skip phone, address) MAILING ADDRESS STREET OR BOX PHONE STATE ZIP				Kids 18 & Under - \$0
East Name First Name Age on 7/1/2007 JTRR MEMBER: (YES NO) (if yes, skip phone, address) MAILING ADDRESS STREET OR BOX PHONE				Adults Day of Race - \$0
GENDER CIRCLE ONE (Male Female Non-Binary) Age on 7/1/2007 JTRR MEMBER: (YES NO) (if yes, skip phone, address) MAILING ADDRESS STREET OR BOX CITY PHONE ZIP WANVER: I know that running or volunteering to work in this race is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able and prog trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect oparticipation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I ass all risks associated with running or volunteering in this event, including but not limited to falls, physical contacts with and/or the potential contraction of a communicable disease from other particips volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic the conditions of the road and/or trail including surrounding surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not all lowed in the and I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller, I also accept the responsibility for injury up to death of the child being transported it jogger or stroller. Having read this waiver and knowing these facts and inconsideration of your accepting entry. I for myeelf and anyone entitled to act on myebralit, waive and release the Juneau and Road Runners, the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives successors from all claims or liabilities of an			ad Runners	
GENDER CIRCLE ONE (Male Female Non-Binary) Age on 7/1/2007 JTRR MEMBER: (YES NO) (if yes, skip phone, address) MAILING ADDRESS STREET OR BOX CITY PHONE ZIP WANVER: I know that running or volunteering to work in this race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and progressive trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect oparticipation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by the running or volunteering in this event, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other participa volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic the conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller states or incline states, animals, and personal music players are not allowed in the rand Wall and the participation of the conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller states or incline states, animals, and personal music players are not allowed in the rand Wall and the participation in any participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons and Road Rounders, life the dark and anyone entitled to act on my behalf, waive and release the Juneau. and Road Rounders, life the state of Alaska, the City and Borough of Juneau, and the Road Rounners City of America, all event sponsors, their representatives succes	Last Name	F	irst Name	
MAILING ADDRESS STREET OR BOX CITY PHONE STATE WAIVER: I know that running or volunteering to work in this race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and progretion in this sevent, including the right of any official to deny or suspend my participation in this sevent, including the right of any official to deny or suspend my participation or any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assall risks associated with running or volunteering in this sevent, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other participation of volunteers, contract service providers, employees, and spectators. I assume all risks including: the weather; high heat and/or humidity, freezing cold temperatures; traffic the conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the inand I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller. Having read this waiver and knowing these facts and inconsideration of your accepting my entry I, for myself and anyone entitled to act on my behalf, waive and release the Juneau; and Road Runners, the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives successors from all claims or liabilities of any kind arising out of my participation in this event, to alloud behalf to a contraction of a cancellation, and by signing this waiver, I conthact the representative sevent does not provide for retunds in the event of a cancellation, and by signing this waiver, I conthact I am not entitled to a refund if the event is canceled before or during the event	GENDER CIRCLE ONE (Male Female No			
STATE WAIVER: I know that running or volunteering to work in this race is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able and prograined, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I ass all risks associated with running or volunteering in this event, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other particip volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic the conditions of the road and/or trail including surrounding terrain. I understand that bicycles skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the I and I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller, I also accept the responsibility for injury up to death of the child being transported in jogger or stroller. Having read this waiver and knowing these facts and inconsideration of your accepting my entry I, for myself and anyone entitled to act on my behalf, waive and release the Juneau. I and Road Runners the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons name this weiter.	email	J ⁻	TRR MEMBER: (Y	'ES NO) (if yes, skip phone,address)
WAIVER: I know that running or volunteering to work in this race is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able and proper trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect or participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I ass all risks associated with running or volunteering in this event, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other particip volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic the conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the rand I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller, I also accept the responsibility for injury up to death of the child being transported in and I will abide by all race rules. If allowed by the Race Edics and inconsideration of your accepting my entry I, for myself and anyone entitled to act on my behalf, waive and release the Juneau and Road Runners, the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons name in addition, I ac	MAILING ADDRESS			
WAIVER: I know that running or volunteering to work in this race is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able and proper trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect or participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I ass all risks associated with running or volunteering in this event, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other particip volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic the conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the rand I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller, I also accept the responsibility for injury up to death of the child being transported in and I will abide by all race rules. If allowed by the Race Edics and inconsideration of your accepting my entry I, for myself and anyone entitled to act on my behalf, waive and release the Juneau and Road Runners, the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons name in addition, I ac	STREET OR BOX			
WAIVER: I know that running or volunteering to work in this race is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able and proper trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assall risks associated with running or volunteering in this event, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other participation of volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic the conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the rand I will abide by all race rules. If allowed by the Race Director, and if I am pushing a baby jogger or stroller, I also accept the responsibility for injury up to death of the child being transported in and Road Runners, the United States Forest Service, the state of Alaska, the City and Borough of Juneau, and the Road Runners Club of America, all event sponsors, their representatives successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons nature of communicable diseases by participating this event. I acknowledge that such exposure or infection may result in personal nijury illness, permanent disability, and/or death. I grant permission to all of		Р	'HONE	
WAIVER: I know that running or volunteering to work in this race is a potentially hazardous activity which could cause injury or death. I will not enter and participate unless I am medically able and prograined, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I ass all risks associated with running or volunteering in this event, including but not limited to: falls, physical contact with and/or the potential contraction of a communicable disease from other particip volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity, freezing cold temperatures; traffic the conditions of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the index of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the index of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the index of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the index of the road and/or trail including surrounding terrain. I understand that bicycles, skateboards, roller skates or inline skates, animals, and personal music players are not allowed in the index of the road and/or trail includ	STATE	_ 	IP	
	WAIVER: I know that running or volunteering to work in this race is a pc trained, and by my signature, I certify that I am medically able to perform participation in this event, including the right of any official to deny or su all risks associated with running or volunteering in this event, includin volunteers, race personnel, contract service providers, employees, and the conditions of the road and/or trail including surrounding terrain. I urand I will abide by all race rules. If allowed by the Race Director, and jogger or stroller. Having read this waiver and knowing these facts and and Road Runners, the United States Forest Service, the state of A successors from all claims or liabilities of any kind arising out of my pt this waiver. In addition, I acknowledge the contagious nature of commuthis event. I acknowledge that such exposure or infection may result in pictures, recordings or anyother record of this event for any legitimate p	otentially hazardous activity, which this event, am in good health, a uspend my participation for any right out of limited to falls, physic spectators. I assume all risks in understand that bicycles, skateboif I am pushing a baby jogger of inconsideration of your acceptivalsaka, the City and Borough of articipation in this event, even the unicable diseases and voluntarily personal injury, illness, permane purposes. I understand that this second that this second in the personal that this second in the content of the personal that this second in the content of the content	h could cause injury or death. I and am properly trained. I agree eason whatsoever. I attest that I cal contact with and/or the pote cluding: the effects of the weath ards, roller skates or inline skar or stroller, I also accept the reson my entry, I, for myself and ar f Juneau, and the Road Runnough that liability may arise ou assume the risk that I may be ant disability, and/or death. I gray that I may be ant disability, and/or death. I gray that I may be ant disability, and/or death. I gray that I may be ant disability, and/or death. I gray that I may be ant disability, and/or death. I gray that I may be and disability, and/or death. I gray that I may be and disability, and/or death. I gray that I may be and that I may be and disability, and/or death. I gray that I may be and that I may be and the property of the pr	will not enter and participate unless I am medically able and properly to abide by any decision of a race official relative to any aspect of my have read the rules of the race and agree to abide by them. I assume ntial contraction of a communicable disease from other participants, ner; high heat and/or humidity, freezing cold temperatures; traffic and tes, animals, and personal music players are not allowed in the race, sponsibility for injury up to death of the child being transported in the ryone entitled to act on my behalf, waive and release the Juneau Trail ers Club of America, all event sponsors, their representatives and to fnegligence or carelessness on the part of the persons named in exposed to or infected by communicable diseases by participating in ant permission to all of the foregoing to use my photographs, motion
SIGNATURE (for race officials only)	CIONATURE			
	SIGNATURE		(for race officials o	nly)
CIONATUDE of a great or greatling if and do DATE	CIONATURE of mount of the control	: :f d - : : 4 0	DATE	
SIGNATURE of parent or guardian if under 18 DATE	SIGNATURE OF parent or guard	ian ii under 18	DAIE	